

The ultimate wellness experience of Les Deux Tours  
2 half-day sessions to make time disappear

### **1<sup>st</sup> session - Relaxation and Preparation**

*The goal of this session is to relax and cleanse both the body and the spirit*

- The session begins with relaxation in the Hammam, to let go and be transported by the aromas and the steam - 30 minutes of rest
- Exfoliation with traditional black soap perfumed with Eucalyptus - 30 minutes to increase tonicity
- Body wrap with clay mixed with 7 plants and lavender essential oil - 30 minutes of relaxation
- Rest and refreshment facing the open fireplace in the relaxation salon or on the spa's private landscaped patio.
- Gentle oriental manicure and pedicure - 30 min
- Relaxing massage with Argan oil end either jasmine or lemon verbena essential oil - 45 min

First session : 1.450 MAD - approximately 4 h

### **2<sup>nd</sup> session - gentle treatments**

*The goal of this session is to relax and nourish both the body and spirit  
To create lasting well-being from the treatments*

- The session begins with relaxation in the Hammam, to let go and be transported by the aromas and the steam - 20 minutes of rest
- Rest and refreshment in our relaxation areas, in front of the open fire in the fireplace or in the spa's landscaped private patio, with a refreshing snack plate full of vitamins prepared by our chef based on the produce from our organic garden.
- Manicure and pedicure - 90 min
- Facial of choice -- anti-stress, anti-age or vitality - 60 min
- Relaxing massage with Argan oil end either jasmine or lemon verbena essential oil - 45 min
- ... a luxurious awakening: a glass of champagne is served to you at the bar.

Second session : 1.250 MAD - approximately 4 h

Two-session- package : 2.500 MAD